

DepEd - DIVISION OF QUEZON

Sitio Fori, Brgy. Talipan, Pagbilao, Quezon
Trunkline # (042) 784-0366, (042) 784-0164, (042) 784-0391, (042) 784-0321
www.depedquezon.com.ph
"Creating Possibilities, Inspiring Innovations"



QAC/R63/0216

August 13,2020

DIVISION MEMORANDUM DM No. 213, s. 2020

MENTAL HEALTH AND PSYCHOSOCIAL SUPPORT SERVICES FOR LEARNERS, PARENTS AND DEPED PERSONNEL, AND PRINTING OF MHPSS MATERIALS

To: OIC Assistant Schools Division Superintendents, Division Chiefs, Education Program Supervisors, Public Schools District Supervisors, Elementary, Secondary, Senior High School Heads, Teaching and Non-Teaching Personnel, SDO Personnel, School Health Personnel, DRRM Coordinators and All Others Concerned

- 1. In reference to DepEd Task Force COVID-19 Memorandum No. 82 s. 2020 dated August 4, 2020 and DepEd Task Force COVID-19 Memorandum No. 85 dated August 11, 2020 entitled "Mental Health and Psychosocial Support Services For Learners, Parents and DepEd Personnel, and Printing of MHPSS Materials" and the "Release of Recorded Videos of DRRMS Booklatan and OKKK Tambayan For Mental Health and Psychosocial Support Services (MHPSS) Activities of Elementary and Secondary Learners", respectively, all public elementary and secondary school heads are advised to devote the week before (August 17-20) and 1st week (August 24-28) of the SY 2020-2021 opening of classes in the provision of Mental Health and Psychosocial Services.
- Attached hereto are the enclosure of DTFC Memorandum No. 82 for the details of MHPSS activities to be conducted for learners, parents and DepEd personnel and the corresponding schedules and the template for reporting.
- 3. A recorded videos of DRRMS Booklatan and OKKK Tambayan for MHPSS activities of elementary and secondary learners may be accessed through this link: deped.in/OnlineLearningVideos. The link contains recorded videos of DRRMS Booklatan, an online story session, which features stories of renowned writers, conducted for elementary learners; and OKKK Tambayan, an online art-based activity, which showcases different activities designed to help secondary learners cope with the current pandemic. Teachers may utilize these materials in the provision of MHPSS for learners.
- 4. All School Heads are advised to follow the schedule of MHPSS activities for learners and parents. This should be reflected in Weekly Home Learning Plan prepared by teachers to be provided for their learners.

DEPED - QUEZON
ICT UNIT
U P L O A D E D
ate/Time: AUG. 14, 2020

By: Cristell 2:35 P.M.
Ref. No.: DM 213, S. 2020

DEPEDQUEZON-TM-SDS-04-009-002







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- 5. All School Health Personnel in coordination with the Public Schools District Supervisors, Districts and School DRRM Coordinators are advised to provide technical assistance and monitor the said activity. Report on this activity are expected for submission to Ms. Lea C. Barrameda- Nurse II/ Mental Health Program Focal Person of School Health Section copy furnished the Division DRRM Focal Person on or before September 15, 2020 at sdoquezon.mentalhealth@gmail.com.
- 6. Immediate and appropriate action of this Memorandum is earnestly desired.

ELIAS A. ALICAYA, JR, Ed.D

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OIC- Schools Division Superintendent

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Registration Number QAC/R63/0216

MONITORING REPORT ON MENTAL HEALTH AND PSYCHOSOCIAL SUPPORT SERVICES FOR LEARNERS, PARENTS AND DEPED PERSONNEL

District	No. of Schools conducted the activity	No. of Participants						
		Learners		Parents		DepEd personnel		Remarks
	activity	Male	Female	Male	Female	Male	Female	
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					CONTRACTOR OF THE PARTY.			
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repared by:								
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loted:								
Jublio Cabaa	ls District Sup	onvicor						
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Subject:

MENTAL HEALH AND PSYCHOSOCIAL SUPPORT SERVICES FOR LEARNERS, PARENTS AND DEPED PERSONNEL, AND PRINTING OF MHPSS MATERIALS

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In response to the mental health impacts of COVID-19 and as part of the 2020 Oplan Brigada Eskwela and Oplan Balik Eskwela, the Department of Education (DepEd) thru the Disaster Risk Reduction and Management Service (DRRMS) organized various Mental Health and Psychosocial Support Services (MHPSS) for learners, parents and DepEd personnel. As earlier pronounced by DepEd, the week before, first week and second week (as necessary) of the opening of classes will be devoted for the MHPSS for learners. See Enclosure 1 for the details of MHPSS activities to be conducted for learners, parents and DepEd personnel and the corresponding schedules.

The following MHPSS materials could be printed by the regions, divisions or schools, using the DRRMS downloaded program support funds (PSF) for the (1) Reproduction of IEC Materials on COVID-19 and Disaster Preparedness, (2) PSF for MHPSS Interventions, and (3) PSF for the Development and Enhancement of Contingency Plans:

Rel 8-10-20 44pm

 Fostering Wellness, Solidarity and Services (FWSS) Booklet (Filipino and English versions) for parents and care givers of learners

Teachers' Activity Guides for Remote Psychosocial Support for Elementary School-aged Learners

RECEIVED AUG 1 0 2020

SGOD

2020 Online and Self-guided PFA Modules: Supplemental to the SEES Manual for Secondary School-aged Learners



Date/Time By: ____





2:30

Office of the Undersecretary for Administration (OUA)

[Administrative Service (AS), Information and Communications Technology Service (ICTS), Disaster Risk Reduction and Management Service (DRRMS), Bureau of Learner Support Services (BLSS), Baguio Teachers' Camp (BTC), Central Security & Safety Office (CSSO)]

Department of Education, Central Office, Meralco Avenue, Pasig City Rm 519, Mabini Bldg; Mobile: +639260320762; Tel: +63286337203, +63286376207 Email: usec.admin@deped.gov.ph; Facebook/Twitter @depedtayo

SDS OFFICE

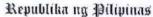
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Date/TimeAUG 0 5 2020









Kagawaran ng Edukasyon

Tanggapan ng Pangalawang Kalihim

DepEd Task Force COVID-19 MEMORANDUM No. 82

04 August 2020

For:

Undersecretaries

Assistant Secretaries

Bureau and Service Directors

Regional Directors and BARMM Education Minister

School Division Superintendents

Public Elementary and Secondary School Heads

Subject:

MENTAL HEALH AND PSYCHOSOCIAL SUPPORT SERVICES

FOR LEARNERS, PARENTS AND DEPED PERSONNEL, AND

PRINTING OF MHPSS MATERIALS

In response to the mental health impacts of COVID-19 and as part of the 2020 Oplan Brigada Eskwela and Oplan Balik Eskwela, the Department of Education (DepEd) thru the Disaster Risk Reduction and Management Service (DRRMS) organized various Mental Health and Psychosocial Support Services (MHPSS) for learners, parents and DepEd personnel. As earlier pronounced by DepEd, the week before, first week and second week (as necessary) of the opening of classes will be devoted for the MHPSS for learners. See Enclosure 1 for the details of MHPSS activities to be conducted for learners, parents and DepEd personnel and the corresponding schedules.

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- Fostering Wellness, Solidarity and Services (FWSS) Booklet (Filipino and English versions) for parents and care givers of learners
- Teachers' Activity Guides for Remote Psychosocial Support for Elementary School-aged Learners
- 2020 Online and Self-guided PFA Modules: Supplemental to the SEES Manual for Secondary School-aged Learners







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[Administrative Service (AS), Information and Communications Technology Service (ICTS), Disaster Risk Reduction and Management Service (DRRMS), Bureau of Learner Support Services (BLSS), Baguio Teachers' Camp (BTC), Central Security & Safety Office (CSSO)]

Department of Education, Central Office, Meralco Avenue, Pasig City Rm 519, Mabini Bldg; Mobile: +639260320762; Tel: +63286337203, +63286376207 Email: usec.admin@deped.gov.ph; Facebook/Twitter@depedtayo

COVID-19 Comics for Elementary Learners

See Enclosure 2 for the breakdown of DRRMS downloaded PSF per regions. All MHPSS materials for printing and approved guidelines of the DRRMS downloaded PSF can be accessed in this link: https://tinyurl.com/MHPSS-Materials-for-Printing. If the link cannot be accessed, it is encouraged to coordinate with your respective Division DRRM Coordinators.

https://tinyurl.com/MHPSS-

For more information, please contact the **Disaster Risk Reduction and Management Service**, 2nd Floor, Mabini Building, Department of Education Central Office, DepEd Complex, Meralco Avenue, Pasig City through email at drrmo@deped.gov.ph or telefax no. (02) 8637-4933.

For immediate and appropriate action.

ALAIN DEL B. PASCUA
Undersecretary

Chairperson, DepEd Task Force COVID-19



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ENCLOSURE 1. SCHEDULE OF MHPSS ACTIVITIES FOR LEARNERS

A. MHPSS to be Broadcast through TV

Activity	Date	Date Time	
MHPSS Provision for Learners (Recorded DRRMS Booklatan Videos)		8:00 AM- 9:30 AM	Elementary Learners
MHPSS Provision for Learners (Recorded OKKK! Tambayan Videos)	19, 21 August 2020 24 – 28 August 2020	10:00 AM- 11:30 AM	Secondary Learners
MHPSS Provision for Parents (Recorded Gabay Bahay Videos)	31 August -4 September 2020 (As needed)	1:00 PM- 2:30 PM	Parents
MHPSS Provision for Personnel (Recorded Weliness Check Series Videos)		4:00 PM- 5:30 PM	Personnel

ENCLOSURE 1. SCHEDULE OF MHPSS ACTIVITIES FOR LEARNERS (Continuation)

B. Online MHPSS to be Conducted by DepEd DRRMS

Activity	Date	Time	Target Participants	
DRRMS Booklatan	4 August 2020	4:00 PM -		
An Online MHPSS for	11 August 2020	5:30 PM	Elementary Learners	
Elementary Learners*	18 August 2020	Every Tuesday	Learners	
OKKK! Tambayan	6 August 2020	4:00 PM -	Secondary	
An Online MHPSS for	13 August 2020	5:30 PM		
Secondary Learners*	20 August 2020	Every Thursday	Learners	
Kakaiba-yanihan! An Online Psychosocial Support for Learners with Disabilities**	Every Monday, Tuesday & Thursday of August 2020	9:00 AM – 11:00 AM	Learners with Disabilities	
Gabay Bahay	5 August 2020	4:00 AM -		
An Online Parenting	12 August 2020	5:30 PM	Parents	
Series*	19 August 2020	Every Wednesday		
Kaagapay Buhay	5 August 2020	7:00 PM -		
An Online Parenting Series for Parents of	12 August 2020	8:30 PM Every	Parents of Learners with	
Learners with Disabilities*	19 August 2020	Wednesday	Disabilities	
Remote PFA for Learners*	24 August 2020	9:00 AM - 11:00 AM	Elementary and Secondary Learners	

^{*}Streamed live via Facebook

^{**}Conducted via Zoom

ENCLOSURE 1. SCHEDULE OF MHPSS ACTIVITIES FOR LEARNERS (Continuation)

C. MHPSS via Online and Self-Guided to be facilitated by Teachers

Activity	Date and Time	Participants	Remarks
Remote Psychosocial Support Through Play	August 25-28 and August 31- September 4 (as necessary) Can be conducted after the TV broadcast of MHPSS episode	Elementary Learners	Using the Teachers' Activity Guides for Remote Psychosocial Support for Elementary Schoolaged Learners During Disasters and Emergency Situations
Remote Psychological First Aid (PFA)	August 25-28 and August 31- September 4 (as necessary) Can be conducted before the TV broadcast of MHPSS episode	Secondary Learners	Using the Online and Self-Guided PFA Modules: Supplemental to the SEES Manual

D. ONGOING MHPSS TRAINING FOR DEPED PERSONNEL

Activity	Date	Time	Participants Elementary Teachers	
Training for Remote Psychosocial Support Through Play for Elementary Learners	August 3 – 6, 2020 Streamed live via Facebook	1:00 PM - 5:00 PM		
MHPSS Wellness Training for DepEd Personnel	August 7 - September 11, 2020 Streamed live via Facebook	9:00 AM – 10:30 AM Every Friday	Teaching and Non-Teaching DepEd Personnel	